



# World Peace Yoga 350-hour Advanced Teacher Training for 500-hour RYT

## APPLICATION

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_

Please answer the following on a separate sheet of paper:

- What 200-hour Yoga Alliance Registered Program did you go through?
- If you have received any additional certifications, please list this as well as the number of hours of the certification (if applicable)?
- What are your most significant yoga learning experiences (classes, workshops, retreats, etc.)?
- Write your own definition of yoga.
- Please describe your personal yoga practice.
- Are you currently teaching Yoga? If so, where?
- Please describe the style(s) of yoga you currently are teaching.
- Please include how long you have studied; whom you have studied with and what led you to the study of yoga.
- What is your current occupation?
- What are your interests and activities?
- Do you have any physical limitations, disabilities or a chronic injury/illness?
- What are your expectations of this teacher-training program?

**Please send in with your deposit.**

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

World Peace Yoga & Motion Studio  
268 Ludlow Avenue | Cincinnati, OH 45220  
111 Mill St. | Healdsburg, CA 95448  
yoga@worldpeaceyoga.com    www.worldpeaceyoga.com

## Ethical Guidelines & Ahimsa Practice for World Peace Required for Certification

To uphold the foundational roots of this program, we ask that all our certified teachers sign the ahimsa pledge and practice the following:

1. Enthusiasm & integrity with the practice and guidance of World Peace Yoga
2. All loving (non-violence) in word, thought & action; compassion for all
3. Patience, understanding & empathy towards others
4. Sense of humor & lightheartedness
5. Ethical business practices

I, \_\_\_\_\_ agree to practice the ahimsa/vegan lifestyle as part of the efforts of the World Peace Yoga Certification course ~ or is currently practicing the ahimsa/vegan lifestyle.

Your practice of the ahimsa-vegan lifestyle is greatly appreciated. It is a contribution towards inner peace and world peace & it includes us all as collaborators in the vision of peace.

*Ahimsa:* A Sanskrit term from the yamas (restraints/how we treat others). It means “non-harming” or in the positive, “all-loving”.

*Vegan:* Veganism denotes a philosophy and way of living which seeks to exclude – as far as possible and practical – all forms of exploitation of, and cruelty to animals for food, clothing, or any other purpose; and by extension, promotes the development and use of animal-free alternatives for the benefit of humans, animals and the environment.

Please note: It is not a required to be vegan to take this training course. You may take this course and receive the hours you need to complete Yoga Alliance standards at the 500-hour level without signing the Ethical Guidelines & Ahimsa Practice for World Peace. To receive the “World Peace Yoga” certification and be able to use that title for classes, along with a listing on the World Peace Yoga website, it is required to sign the Ethical Guidelines & Ahimsa Practice for World Peace. Our devotion to these teachings and practices goes deep and we would like our certified WPY teachers to be sharing a message of peace, which includes dedication to ahimsa & the vegan lifestyle as part of the practice of yoga.

***It is not necessary to hand the Ethical Guidelines & Ahimsa Practice for World Peace in with your application.***